

Cancer Treatment

Moringa Oleifera for Cancer Prevention or Treatment

As we learn more about cancer, we are empowered to use more of the tools which nature has created for us to help battle this terrible disease. The fight against cancer exists on many fronts, encompassing both prevention and treatment methods. In the past we have put all of our faith in pharmaceutical drugs, however these are not the only weapons we have at our disposal to do battle with cancer. Moringa Oleifera is a plant which is known to have many medicinal properties. It is becoming very clear that this natural resource is a helpful ally in a comprehensive treatment of cancer.

Moringa has been shown in studies to have an anti-tumor capacity. Moringa contains benzyl isothiocyanate. There are many studies that have shown this chemical and compounds derived thereof to have anti-cancer and chemoprotective capabilities. This chemoprotective aspect is critical for those who are battling cancer; this helps strengthen cells so that they can tolerate chemotherapy.

Moringa Oleifera has other characteristics which make it a good compliment to a cancer prevention or treatment plan. It contains an enormous amount of nutritional content; Moringa Oleifera contains vitamins, minerals, and amino acids which are critical for good health. It is loaded with calcium, iron, potassium, protein, Vitamin A and C, and many more properties which promote a healthy body that has the tools to fight cancer. It is known to have anti-inflammatory, anti-viral, antioxidant, anti-allergenic, and pain relief uses. It has also been put to use to fight a variety of infections.

This incredibly useful tree has grown popular of late due to its ability to help sustain populations that have otherwise been fraught with nutritional problems. It tends to grow in areas where access to food and clean water are more complicated. The successes that many have had with Moringa Oleifera in promoting good health in some of the most devastated areas have lead many scientists to examine its properties closely. It is fast emerging as a means to prevent cancer. It is also gaining notoriety as a product which helps cancer patients who are currently undergoing pharmaceutical treatment.

Fighting cancer is about equipping your body with the tools to fight every day. While drug therapies are very useful in this fight, it is also key that naturally occurring dietary options are used as well. Total health will give a cancer patient the endurance to battle the disease with full energy. The anti-tumor properties in Moringa Oleifera will be of special interest to cancer patients. Also, for those undergoing chemotherapy, the chemoprotective properties associated with this wonderful plant will empower the patient to stand strong when using chemotherapy to fight cancer. Investigate the studies which show this plant to be useful in a comprehensive battle against cancer. Always be sure to discuss all of your treatments options with your doctor,

including your choice of dietary supplements, as interactions between chemicals must always be closely monitored when undergoing drug treatment. Moringa Oleifera has exciting potential as an ally in the war against cancer.

Lupus Treatment

Treating Lupus with Moringa Oleifera

Lupus, an inflammatory, autoimmune disease, often affects the joints, skin, blood, and kidneys, and the exact cause of this chronic condition is unknown and cannot be easily defined. Authorities in the medical field indicate that it may result from a combination of factors, such as an individual's genetic makeup along with certain unknown triggers of the disease, a bit like combining a lighted match and gasoline.

Those recently diagnosed with lupus will want to focus on reducing inflammation and managing the various symptoms that are related to the disease to maintain balance in their lives and avoid depression, panic, and fear.

There are also two essential steps they can take:

- Learn to avoid flare-ups – Direct sunlight is the most common cause for one, but they may also be triggered by certain skin and scalp products or some medication you are taking. This may mean that you will need to take a vitamin D supplement, and you will also want to discuss all of your medications with your primary care physician.
- Learn to live an anti-inflammatory lifestyle – This should include moderate exercise on a regular basis, giving up smoking if you are a smoker, following an anti-inflammatory diet, and taking nutritional supplements, especially omega-3s.

Why lupus victims look for alternative medications

The cost of the drugs generally used in treating lupus victims is prohibitive, and there is the possibility of serious side effects as well. Also, while they may alleviate some of the symptoms, research has yet to reveal that they actually hinder the process of the disease or help prevent damage to the organs.

Following an alternative treatment may help the patient cope with lupus or reduce the amount of stress endured by anyone who is dealing with a chronic illness. If the patient's physician believes that one of the approaches has some merit and no negative factors, it can become part of that individual's treatment plan, enabling him or to make an informed decision about how to proceed.

How Moringa Oleifera helps lupus patients

Moringa (also known as the horseradish tree) is a purely natural extract found in tropical regions that has been widely used in the East as a medication for centuries. It is also considered to be

much safer to use than the non-steroidal anti-inflammatory drugs (NSAIDs) that are often prescribed for lupus patients, including Voltaren, Kaspo, Adoil, and others. The various side effects of these drugs include the risk of kidney, circulatory, and digestive problems, just to name a few, increasing the risk of serious medical complications. Moringa, on the other hand, is less toxic than the other remedies,—and at least as effective. Moringa is easy to combine with most medication because there have been no adverse reactions to it, and it contains no known impurities.

How Moringa works in the body

The leaves used for making the Moringa extract contain large amounts of anti-inflammatory, anti-toxin, and anti-oxidant elements, and they are also rich in the vitamins, minerals, and amino acids that bolster our immune system. Because of the many benefits of Moringa oleifera, the European Union (EU), World Health Organization (WHO) and other NGOs now plant and support its cultivation in various locations, including Africa, in order to combat malnutrition.

Above all, Moringa suppresses the COX-2 enzyme, which causes both inflammation and the pain related to it. It seems that anyone, including children and senior citizens in particular, can experience the benefits of taking Moringa. Athletes report a surge in energy from using these capsules, and many users are amazed because they feel the results so quickly.

Gout & Arthritis Treatment

Moringa Oleifera as Treatment for Gout & Arthritis

For many centuries Moringa Oleifera was used in traditional medicine, such as the "Ayurveda", as a treatment for Arthritis and Gout. It was believed that Moringa Leaf Powder reduce inflammations and pain caused by these conditions.

In 2008 the Faculty of Medicine Health Sciences of the Putra University in Malaysia, published a research aimed to test if Moringa poses any Antinociceptive and Anti-Inflammatory activities, the same activities achieved by the drugs used in modern medicine such as NSAID (non-steroidal anti-inflammatory drugs). The research found that the Moringa leaves possess substances that have antinociceptive and anti-inflammatory activities; in fact they found that it has high quantities of these substances. This means that Moringa Oleifera use in Indian traditional medicine as a treatment for Arthritis and Gout was just.

The effects of the Moringa is suppressing the COX-2 enzyme. This enzyme is responsible for inflammation processes and pain. Usually the drugs used to suppress this enzyme are NSAID such as Voltaren, Nksin, Adoil, ARCOXIA, Kaspo etc. The side effects of these products include

risk for stroke, kidney problems, blood vessels problems, stomach problems and the list goes on. Combine the risks from the side effects with the existing condition causing the need to take the NSAID and the presence of pain combined with an inflammatory issue, and the risks for medical complications grow.

Moringa Oleifera in pure natural tree that has been used as food and as medicine along history, this means that it is much safer to use than NSAID but with similar effectiveness and less toxicity.

Diabetes Treatment

Moringa Oleifera: A treatment for Diabetes

Diabetes is a disease that is characterized by problems involving the hormone insulin. In healthy people, the pancreas releases insulin; insulin then works to help the body use and store the fat and sugar that is derived from the food that people eat. With diabetes, insulin can be compromised in a couple of different ways. In some cases, the pancreas doesn't produce any insulin at all. Other times, the body does not react in the right way to insulin - this is known as "insulin resistance." Finally, diabetes is sometimes characterized by a pancreas that produces an insufficient volume of insulin.

The Two Types of Diabetes

It's important to understand that diabetes is a disease that has no cure. Once a person develops diabetes, they will suffer from the condition for the rest of their life. Although diabetes may be triggered by a variety of different phenomena involving the pancreas and insulin production - or lack thereof - it can also be divided into two distinct types.

Type 1 Diabetes - Type 1 diabetes typically first arises in people under the age of 20, although it can happen at any age. Insulin-producing cells - known as beta cells - in the pancreas are completely destroyed by the body's immune system. In turn, the pancreas can no longer produce any insulin and insulin injections must be administered.

Type 2 Diabetes - With type 2 diabetes, a person's pancreas still produces insulin; the problem is that it either doesn't create enough insulin, or the person's body is resistant to the insulin that is produced. Type 2 diabetes commonly occurs in obese and overweight individuals - usually over the age of 40 - and is sometimes called "adult onset diabetes."

Managing Diabetes

There is no cure for diabetes. However, there are several ways to manage the condition in order to keep insulin at the proper level. There are several different techniques and strategies for managing diabetes. Some of them include:

- carefully monitoring one's diet in order to keep blood sugar levels in check;
- using insulin injections as needed to maintain optimal levels in those whose bodies don't produce the hormone;
- keeping a close eye on blood sugar levels by using special kits that measure insulin and sugar in the blood; and
- following an exercise routine in order to keep blood pressure levels in check.

Moringa Oleifera: A Natural Treatment for Diabetes

As with any disease or condition, doctors and researchers are constantly seeking new ways to treat and manage diabetes. People are more concerned about using harsh, synthetic medications than ever before, which is what makes the promise of a tree called Moringa Oleifera all the more exciting. Moringa Oleifera is a tree that is originally native to India, but is now grown across the globe. As it happens, people in many developing countries - particular in Africa - have been using Moringa Oleifera to treat and manage the symptoms of diabetes for years.

Why does Moringa Oleifera hold so much promise for those who suffer from diabetes?

Primarily because of its many amazing, natural benefits. Moringa Oleifera has been shown to naturally boost the immune system, which usually becomes compromised in those who suffer from type 1 and type 2 diabetes. Moringa Oleifera has also been shown to possess many key anti-inflammatory benefits; diabetes often causes circulatory problems which can be managed through anti-inflammatory supplements. There are no negative side effects associated with Moringa Oleifera use, meaning that it is a safe, natural way for people to manage their blood sugar and care for their diabetes symptoms. It's just one more option for the many people who have to cope with this serious condition.